

OPERATE FORKLIFT REFRESHER TRAINING COURSE

Purpose and Learning Outcomes:

The aim of this course is to provide course learners with the requisite WSH knowledge, SS 573 code of practice for powered counter-balanced forklift, the industrial standard on forklift operations, the application of skills and knowledge in operating forklift (below 5 tons) properly, efficiently and safely, under various environmental conditions with different types of material loads. At the end of the course, learners will be able to reinforce their understanding of:

- relevant Workplace Safety & Health (WSH) Legislations / Singapore Standards SS573 applicable to forklift operation
- Stakeholders' roles and responsibilities in maintaining a safe and healthy workplace for all.
- prepare to carry out the operation of forklift in accordance with WSH regulations, SS 573 industrial standard and
- Organisational SOP
- perform forklift inspection prior to use
- carry out the operation of forklift
- handing over forklift at the end of duty



Assumed Skills and Knowledge:

- Employability Skills System (ESS) Workplace literacy and numeracy Level 3 and above, or equivalent.
- Trainees should be physically fit and in good health and generally do not have problems with eyesight or hearing, heart disease, high blood pressure, epilepsy, fear of heights/vertigo, giddiness/difficulty with balance, impaired limb function, alcohol or drug dependence, psychiatric illness or the like.

Target Audience:

- This course is for the Forklift operators, who have previously completed the Forklift training course, 3 or more years ago, and wish to attend the refresher training in Forklift operations (below 5 tons).

Entry Requirement: Participant must have attended and passed Forklift 3 days or 5 days course.

Course Duration: 7 Hours (including practical assessment) 1 Day.

Attendance requirement: – 100%. **Medium of Instruction:** English

Exam Format: Only Practical assessment: 30 mins. Passing criteria – 100% marks. Certificate of Proficiency will be issued, by Absolute Kinetics Consultancy Pte Ltd, to the participants who have passed the Practical assessment.

Course Schedule: Kindly visit our website for latest schedule

Free Parking @ 64 Hillview Terrace (first come, first serve basis), free photo taking and safety card

Course Fee: \$ 162.99 (Inclusive of GST)

Student Registration form

Company Name		Company Reg. no.	
Company Address		Course Date	
Contact Person Name		Course Language	
Contact Person Email		Course Venue	
Contact Person Mobile	Tel no:	Fax no:	
Participant details			
Participant Name		NRIC / FIN	
Participant Email		Participant mobile no.	
Nationality	Date of Birth	Race	
Designation	Education	Gender	
Salary Range : (1 - Below \$1000, 2 - \$1000-\$1499, 3 - \$1500-\$1999, 4 - \$2000-\$2499, 5 - \$2500-\$2999, 6 - \$3000-\$3499, 7 - \$3500 & above)			
Refund Policy: Request for refund must be submitted in writing, before the course date. Refund of course fees is subject to our terms and conditions (refer website)			
Absolute Kinetics Consultancy Pte Ltd		Company seal	
Tel : 6690 5555			
Website: www.sg-akc.com		Registration Email: register@sg-akc.com	