

Managing and Understanding Mental Well-Being and Personal Health Risk Management System

Course Aim:

How to develop Mental Well-being and Personal Health risk assessment

This is a Risk Management seminar to equip Risk Management/Risk Assessment leaders to help develop Mental Well-being and Personal Health Risk Assessment.

Furthermore, participant will learn ways to incorporate Mental well-being and Personal health in their existing risk management system. To raise awareness among management on the importance of Mental Well-Being at workplace which is a integral part of safety and health culture in an organisation

Course content:

Mental Well-Being Risk Assessment:

Introduction to Mental Well-Being at workplace

The Importance of Mental Well-Being at workplace

Identifying Psychological Hazards

Using the hierarchy of control measures to come up with appropriate control measures

Personal Health Risk Assessment:

Introduction to Personal Health at workplace,

Brief summary of Total WSH,

Identifying Personal health hazards

Using the hierarchy of control measures to come up with appropriate control measures.

Course Language: English, Course Duration: 4 Hours. Max. class size: 20 Pax.

Target Audience: WSHO / Risk Assessment leaders / Risk Management Leaders / Supervisors / Managers.

Learner's Profile: Learners are assumed to have attended bizSAFE level 2 and carried out risk assessment for the company

Course Fee: \$109 (Inclusive of GST)

Student Registration form

Company Name			Company Reg. no.	
Company Address			Course Date	
Contact Person Name			Course Language	
Contact Person Email			Course Venue	
Contact Person Mobile		Tel no:		Fax no:
Participant details				
Participant Name			NRIC / FIN	
Participant Email			Participant mobile no.	
Nationality		Date of Birth		Race
Designation		Education		Gender
Salary Range : (1 - Below \$1000, 2 - \$1000-\$1499, 3 - \$1500-\$1999, 4 - \$2000-\$2499, 5 - \$2500-\$2999, 6 - \$3000-\$3499, 7 - \$3500 & above)				
Refund Policy: Request for refund must be submitted in writing, before the course date. Refund of course fees is subject to our terms and conditions (refer website)				
Absolute Kinetics Consultancy Pte Ltd Tel : 6690 5555			Company seal	
Website: www.sg-akc.com Registration Email: register@sg-akc.com				